



Tennis & Fitness
ACADEMY

FUTURE STARS PROGRAMS

4 TO 12 USTA PATHWAY PROGRAM

Our 12 and Under Tennis programs introduce tennis to children based on age, physical size and ability. By modifying the court dimensions (36 feet or 60 feet in length),

FUN

LEARN

DEVELOP

FRIENDS



Overall program includes:

- Objective tennis and fitness training
- Live ball tennis drills
- Orange and green dot balls
- Technical and tactical advice in all areas
- 60 minute lesson (except Foam Fun)

Days per week per month	ONE	TWO
ORANGE	\$70.00	\$138.00
GREEN	\$70.00	\$138.00
FOAM FUN	\$70.00	\$138.00

ORANGE	GREEN	FOAM FUN
Mon. - Wed. 4:30pm - 5:30pm 5:30pm - 6:30pm	Tue. - Thu. 5:30pm - 6:30pm 6:30pm - 7:30pm	Mon. - Fri. 3:30pm - 4:30pm

PRIVATE LESSONS
Available all week.

Minimum 4 weeks
commitment at a time.

ORANGE (6-12 Year Olds) 60 minute lesson Court Size 60' Racquet Size: 23"-25" The Orange Ball , participants should be striving to participate in USTA tournaments. Junior Team Tennis is recommended for this group.

GREEN (9-12 Year Olds) 60 minute lesson Court Size 78' Racquet Size 26"-27" This Advanced level class will prepare players for Yellow regular ball. This will be a 'split group' using green and yellow balls in preparation to play 12 and under USTA tournaments.

FOAM FUN USTA ENTRY TENNIS CLASSES (Under 10 Year Olds)

This group involves USTA 10 and Under training equipment, such as low compression foam tennis balls. This is designed for introducing new players into a less intimidating environment. Kids will learn the rules of the game and strategic thinking skills.